

First Name: .....

Surname: .....

Age on 23<sup>rd</sup> June 2019: .....

Male/Female: .....

Unilever Employee? (Y/N): .....

Club/Team: .....

ARC Affiliated (Y/N): .....

*If not affiliated, remember to add £2 to your total entry fee. See below \**

*for details of the Team Challenge see  
www.colworthstriders.org.uk*

Address: .....

Postcode: .....

Tel. No. ....

Email: .....

CAMPING: If you intend to camp, please tick this box:

*for further camping details email us at colworthstriders@hotmail.com*

I wish to enter (please tick all boxes which apply):

**The 18<sup>th</sup> Colworth Marathon Challenge – all three races**

Entry fee £45 (£47 if not ARC affiliated) 18+ only – event limit 300

**The 37<sup>th</sup> Colworth ‘5’ – 7:00pm Friday 21<sup>st</sup> June**

Entry fee £12 16+ only - race limit 500 **no entries on the day**

**The Colworth Trail Race 8.1 – 12 noon Saturday 22<sup>nd</sup> June**

Entry fee £18 18+ only – race limit 300

**The Colworth Half Marathon – 10:30am Sunday 23<sup>rd</sup> June**

Entry fee £18 18+ only - race limit 300

**Children’s races and a 2K fun run will be held on Friday 22<sup>nd</sup> June, before the Colworth 5, starting at 6:20 pm. You can enter these on the day.**

**\* The events will be run under ARC race permits, and therefore we need to charge a £2 non-affiliated fee for non-affiliated runners. If you are a member of an affiliated club, such as Colworth Str1ders, you do not need to pay. The charge only needs paying once regardless of the number of races entered.**

**DON'T FORGET TO ENCLOSE YOUR CHEQUE (PAYABLE TO “COLWORTH STRIDERS”)**

I am medically fit to run and fully understand that I enter at my own risk and that the organisers cannot be held responsible for any illness or injury incurred during or as a result of my participation in any of these events.

I permit the information given on this form to be used by Colworth Str1ders for the purpose of contacting me concerning this event only. No information will be shared with third parties.

Signed: .....

Date: .....

**Send to: Colworth Striders, PO Box 10, Colworth Science Park, Sharnbrook, MK44 1LQ**